

2024 FALL POOL EVENING SCHEDULE

TUESDAY

4:30pm-5:15pm
Senior Swim ★

5:15pm-6:00pm
Aquafit Classic

6:15pm-7:00pm
Aquafit
Resistance

7:15pm-8:00pm
Lane Swim ★

WEDNESDAY

4:30pm-5:15pm
Parent & Tot ★

5:30pm-7:00pm
Public Swim ★

7:15pm-8:00pm
Lane Swim ★

THURSDAY

4:30pm-5:15pm
Senior Swim ★

5:15pm-6:00pm
Aquafit Classic

6:15pm-7:00pm
Aquafit Interval

7:15pm-8:00pm
Lane Swim ★

FRIDAY

4:00pm-8:00pm
Swim Lessons

6:00pm-8:00pm
Bronze Club
and Patrol
Team Training

SATURDAY

8:00am-12:45pm
Swim Lessons

4:00pm-8:00pm
Private Rentals

SUNDAY

8:00am-2:45pm
Swim Lessons

4:00pm-5:30pm
Public Swim ★

5:30pm-7:00pm
Sensory Swim
Lessons

7:15pm-8:00pm
Lane Swim ★

★ Indicates a "Drop In" program. Cost is \$5 per person or \$15 per family.

All other programs require registration. To register for an aquatic program visit www.countyofkings.ca/registration